

## **LOCAL FOOD SUPPLIERS' LIST 5.11.08.**

### **Farm Gate Suppliers**

**Chris Lefel & Judy Beggs --- Narooma area. Ph: 44737818.** Currently supplying meat chickens, free range eggs (delivered fortnightly). Soon will have their organic, biodynamic veges which are sold at Moruya markets.

**Chris & Bev Franks --- 267 Nutleys Creek Rd. Bermagui. Ph: 64934321.** Meat chickens & meat rabbits weekly. Ducks by arrangement. (farm gate or through local suppliers.)

**Maryanne Dart --- Corkhill Dve. C. Tilba. Ph: 44737455.** Assorted veges (farm gate).

**Tom and Svetlana Stojamouski** are growing and supplying a large variety of quality veg and fruit from their Bermagui residence. 142 Murrah St., Bermagui **Ph:0447518097**

**Janet Doolin** is growing and supplying a large variety of veg, fruit and flowers from her farm at Cobargo. **Cobargo Farm Market Garden, Bermagui Rd., Cobargo.** If you have abundance she may be able to help sell for you. Deliveries to Narooma, Tilba weekly, wholesale or retail.

**CentralTilba Food Co-op** organises bulk non perishable whole foods distribution at **Central Tilba Big Hall** three times a year. This co-op has been operating for over 20 years. Co-ordinator/contact Rici **Ph: 64934321.**

**Bruce Frost** produces honey, including honeycomb and creamed honey from local native flora and supplies local tourist outlets. He also sells from his home at **6 Perkins Parade, Narooma.** Ring to check availability on: **44761354.**

**Marion and Ross Riddet** grow organic fruit which they sell as jam and fresh through Grandpa's Garden at Narooma and Candelo Bulk Foods at Bega. Ross runs **Beekeeping for Beginners** courses, Ph 64938217.

**David Twyford, Ph: 64940077,** sells Tanja produced **Mimosa Honey,** at Narooma and/or Bermagui Markets also at Moruya Markets every Saturday. He also sells olives and oil from Falls Creek (near Nowra).

**Tony Bell of Eden Beeline Honey, Ph: 64942123,** sources his honey from all over the the South East forests and sells it through IGA Supermarkets in Narooma and Cobargo and **Goldie's Fresh Fruit and Vegetables, Shop 4, 5 Wallaga Lake Rd, Bermagui.**

**Janine and Val Halasz** of The Dragon's Garden Tilba do catering and make condiments for local restaurants using their home grown produce. **Ph:44737133.**

### **Commercial Suppliers.**

Erica Dibden of **South Coast Cheeses, 22 Potato Point Rd., Bodalla,** produces cheese from her and husband Nick's, own dairy cows at Tilba Tilba. The cheese is made at Bega and seasoned at Bodalla. They plan to open in Tilba Tilba by August 2009.

Daniel and Michelle Parsons at **Haven Quality Meats,** Shop M8, Narooma Plaza, **Ph:44764113** sell meat sourced locally (Moruya, Cobargo).

David White at **Narooma Meat Centre, 36 Princes Hwy (on the flat)** supplies meat mostly from local sources and will accept produce from local growers that has been appropriately processed.

**Raplys Midtown Quality Meats**, Princes Hwy., Narooma, **Ph:44761900** sells mostly locally grown meat and some locally supplied gourmet lines.

**Benny's Butchery Cobargo and Bermigui** supplies mostly home grown and local meat.

**Bermagui fresh food emporium 18 Lamont St** Bermagui supplies a range of local products including meat, seafood – fresh and smoked, deli items.

Shirley and Kerry at **Narooma Fruit and Veg, Shop 2/36 Princes Hwy** stock some local produce and are happy to take any local quality saleable produce.

Geoff and Bev Southam at **Grandpa's Garden Shop M9 – Narooma Plaza** supply some local (mostly their own) organic fruit, vegetables, dairy and wholefoods. They would be interested in selling other peoples produce if it meets their chemical-free requirements.

**Goldies Fresh Fruit and Vegetables, Shop 4, 5 Wallaga Lake Rd Bermagui** sell some local produce, and would be happy to sell more if approached.

**Narooma Bridge Seafoods, Princes Hwy., Narooma** offers local oysters, fish, lobsters and some fish and seafoods not available locally.

**Narooma Oyster and Seafood Supplies, Riverside Dve. Narooma** provide oysters from their own leases in the Wagonga inlet and other fresh seafood from Eden to Ulladulla.

**Bermagui Seafood Supplies, at the Fisherman's Co-op, Lamont St., Bermagui** sells fresh seafood-- oysters, fish, lobsters from Bermagui and Eden plus frozen from further afield.

**Tilba Valley Wines, 974 Old Highway, Narooma** provides cellar door tasting and buying of their own home grown wines and a selection of locally produced condiments. (Check for opening times Ph: 44737308)

**Belgrave Park Winery, 10970 Princes Hwy, Cobargo** (4km south) offers cellar door tasting and buying of their own wine. (Check for opening dates/times Ph: 64936377)

**Mimosa Wines, Bermagui Tathra Rd, Bunga** offers their own wines and tasting from the cellar door. (Check for opening dates/times Ph: 64941483)

Alfie and Jane at **Tilba Bakery, 18 Bate St., Central Tilba** provide house made breads, pies and cakes. They use local veges and meats where possible.